

What You Can Do

Action	How to Begin
Save money and natural resources	
Use compact fluorescent light (CFL) bulbs	CFL bulbs are in most stores http://www.newdream.org/monthly/sep99.html
Use Energy Star products	Learn more about energy saving appliances http://www.epa.gov/nrgystar/about.html
Adjust the thermostat	Set the thermostat to 78 degrees F. or higher in summer. Every degree lower on a thermostat in the winter will save 3% of energy costs per day
Look into solar power	http://www.solarsanantonio.org
Conduct an energy audit	Get help from CPS Energy with an energy audit Call 353-2302 for Home or 353-2222 for a Commercial Audit http://www.cpsenergy.com
Recycle and reuse	The City of San Antonio Environmental Services Department has recycle information http://www.sanantonio.gov/enviro/solidwaste/recycling.asp
Work from home, carpool, take the bus or ride a bike at least weekly	Plan a bus or bicycle trip - http://www.viainfo.net http://www.hikeandbikesa.com/
Clean the air and reduce water consumption	
Plant a tree	http://www.treecoalition.org/ http://www.fs.fed.us/ne/syracuse/index.html
Xeriscape and use native plants in your yard	http://www.saws.org/conservation/Landscape/xeriscape.shtml ; http://www.npsot.org/
Use water-conserving plumbing fixtures	SAWS has a Kick the Can program http://saws.org/conservation/h2ome/toilet/
Carefully use and dispose of toxic materials – for your own health!	
Carefully dispose of toxic and hazardous waste	City of San Antonio has a permanent Household Hazardous Waste Drop-Off Center http://www.sanantonio.gov/enviro/emd/hhw.asp?res=800&ver=true Outside the City but in Bexar County, call 800-449-7587 for pick up
Avoid toxic pesticides	http://www.epa.gov/epahome/cnews_051001.htm
Consume wisely to save energy and reduce resource depletion	
Purchase locally grown food	http://www.sciencenews.org/articles/20030802/food.asp
Reduce beef and pork consumption	www.worldwatch.org/node/1626
Use Earth friendly building materials	http://www.buildsagreen.org/ http://www.fscoax.org/
Eat sustainably harvested seafood	See which kind of fish are best http://www.audubon.org/campaign/lo/index.html http://www.habitatmedia.org/
Get informed and get involved	
Engage your family and friends in shrinking your ecological footprint	Determine what your footprint is now http://www.ecobusinesslinks.com/ecological footprint calculator.htm
Join or support a local organization with an environmental focus	http://www.bexaraudubon.org http://www.bexarlandtrust.org/ Call 222-8430 http://texas.sierraclub.org/alamo http://www.aquiferalliance.org/ Call 320-6294
Contact organizations suggested by the San Antonio Community of Churches, the Office of Social Concerns of the Archdiocese of San Antonio and the Community Relations Council of the Jewish Federation of San Antonio	http://nrpe.org/index.html http://texasimpact.org/drupal
Connect your children to nature	www.pbskids.org/zoom/ www.childrenoftheearth.org